



Love and Logic®

First United Methodist Church

Presents:

America's Most Practical and Entertaining Parent Training

BECOMING A LOVE AND LOGIC PARENT

A seven-week training program designed by the Love and Logic Institute, Inc.

Ask yourself this:

Would you like to feel more confident as a parent?

Would you like to have more fun parenting?

Would you like to feel more relaxed at the end of the day?

Answers to:

How do I get them out of bed in time to catch the school bus?

How can I stop my children from bickering and fighting?

How do I get my children help with chores without an argument?

Is there a way to discipline my toddler in public without a scene?

How can I get my teenager to come home at the agreed-upon time?

How do I get him to stop spitting the peas and whining at dinner?

And many other day-to-day challenges....

THIS PARENTING PROGRAM IS DESIGNED TO GIVE YOU PRACTICAL SKILLS THAT CAN BE USED IMMEDIATELY!

Date: September 16th - October 28th

Time: Every Wednesday night from 6 - 8 pm

Location: First United Methodist Church 815 N. Broad St., Fremont

Cost: \$25.00/Couple or \$12.50/Single includes workbooks

***Financial Aide Assistance available, nobody turned down, contact church office.**

Please register me for your upcoming Becoming a Love and Logic Parent class!

Name: _____

Address: _____

City: _____ State/Zip: _____

Phone: _____ Email: _____

Number and age of children: _____

Please mail registration and check to: First United Methodist Church 815 N. Broad St. Fremont, Ne 68025

*Helping
Parents
& Educators
Raise
Responsible
Kids
Since 1977*

The Love and Logic Story

Let's face the facts... Although kids can bring much joy, laughter, and fulfillment into our lives, they can also be confusing, bewildering, and downright frustrating at times, often causing parents to wish their kids had been born with an instruction manual dangling from their necks. Over 30 years ago, these same challenges confronted two of America's burgeoning parenting experts - Jim Fay and Foster Cline, M.D. - the co-creators of the Love and Logic method for raising responsible kids.

Dr. Cline was busy earning a reputation as a preeminent child psychiatrist, while Mr. Fay was an inventive elementary school principal, transforming it into a place that taught kids how to successfully navigate in the real world. This particular school happened to be attended by one of Dr. Cline's children, and this young man was responsible for bringing the two together. A brief morning meeting between Cline and Fay to discuss the child lead to a lunch together, and then to a friendship, which became a partnership almost obsessed with the idea of helping parents raise their kids.



Love and Logic
helpful hint...

The Two Rules of Love and Logic

Rule #1:

Adults set limits without anger, lectures, threats or repeated warnings.

When we describe what we will do or allow, that's setting a limit. When we tell a child what he should or shouldn't do, that's a possible fight.

Rule #2:

When children cause problems, adults hand these problems back in loving ways.

We hand the problem back by replacing anger and lectures with a strong dose of empathy followed by the logical consequence.

Dr. Fay suggests, "Our parenting and teaching packages are full of specially selected materials designed for learning how to apply the Rules of Love and Logic in simple, manageable segments." You'll find these packages on pages 2, 6, 10, 14 & 27.

But the parenting method now known as Love and Logic wasn't born until one significant, yet seemingly simple question had been asked: "How is it possible for two different parents to handle the same problem, in the same way, and get two different results?" Neither Mr. Fay, the school principal with years of experience and a family of his own, nor Dr. Cline, a child psychiatrist considered to be an expert on parenting techniques, had the answer, but both had the desire to find out. And they did.

They spent the next few years watching and analyzing the most effective parents, focusing on the precise nuances of how they raised and disciplined their children. After much discussion and analysis Cline and Fay finally realized that a few simple techniques made all the difference. They then went to the scientific research and, looking at all the studies collectively rather than individually, discovered the corroborating science that validated what they had observed in these parents. The methods they developed to implement these techniques evolved into Love and Logic, which is a simple, yet revolutionary approach to parenting and teaching.

Since those early days, Jim's son, Charles Fay, now a school psychologist, but also one of the first kids to be raised with the Love and Logic method, joined the team and helped the Love and Logic company grow to include books, tapes, videos, seminars, and more. This steady growth was facilitated by the fact that the Love and Logic method is as pure as it is simple and it works as well at home as it does in the classroom...

Love and Logic is fun to learn and easy to use, and you *don't* have to be a therapist for it to work. Anyone can begin using Love and Logic almost immediately and the materials are designed to make learning these special techniques a highly entertaining experience. That's because Jim and Foster found early on that the best way to teach Love and Logic is through compelling stories. In addition to being funny, heartwarming, and lovable, the stories used in the Love and Logic materials are all true and very instructive, and you will enjoy listening to them - over and over - sometimes just for the entertainment value, but always to help you become the best parent or teacher you can be. The Love and Logic method will help you raise responsible, happy, and well-adjusted kids.